

INTRODUCTION

Learning Objectives

- What is diversity, equity, and inclusion?
- Why is DEI important?
- Professional vs. personal

LEARNING THROUGH EXPERIENCE

Cycle of Socialization

- What shapes us?
- The cycle of socialization
- 2 examples
- Moving in the direction for change
- Questions to consider

Understanding and Unlearning Bias

- Is it bias?
- 2 types of bias
- Consequences of bias
- Pyramid of hate
- A case study: the Holocaust
- Check your understanding

Identity and Intersectionality

- How do you move through the world?
- Types of identity
- Minoritized identities
- What is intersectionality?
- How do you identify?
- Getting to know ourselves

Emotional Intelligence

- What is emotional intelligence?
- 3 types of empathy
- Relationship between empathy and diversity
- The three types of empathy in practice
- Getting to compassionate empathy

PERPETUATING SYSTEMS

Systems of Oppression

- What is oppression?
- 6 types of oppression
- How we perpetuate systems of oppression
- Individual
- Interpersonal
- Institutional
- Societal and cultural
- What are oppression Olympics?

Dismantling the System

- How to combat systems of oppression
- Equality vs. equity
- An illustration
- A case study: school budget
- What is social justice?
- What does social justice look like?

REVIEW, REFLECT, AND ASSESS

Summary

- Key takeaways

FINAL QUIZ